October 2013 Vol. LXV Issue 3

## San Jose Branch

# BONFIRE AF



## **Empowering Women Since 1881**

## **AAUW San Jose and Hospice of the Valley present**

Planning for Your Future - Advance Health Care Directives



Wednesday, October 16 - 6 to 8 pm Cambrian Library Community Room Hospice of the Valley 1780 Hillsdale Avenue, San Jose





Featuring national award-winning San Jose Mercury News reporter Lisa Krieger, author of the Cost of Dying series, and Gary Bertuccelli, manager of social work and spiritual care with Hospice of the Valley

While 82% of Californians say it is important to have end-of-life wishes in writing, only 23% have done so, according to the California HealthCare Foundation.

Please join Bay Area News Group, Hospice of the Valley and AAUW San Jose as they host a free community forum on advance health care planning to help you:



\*Understand the importance of Advance Health Care Directives \*Make informed choices about your medical care \*Choose your health care "agent" \*Learn more about palliative care

> Seating is limited. Please reserve your seat at: hospicevalley.org/planning-oct16

AAUW Contact: Kathy Myers, Health Equity

Coming Up

October 20 **AAUW Fellows** Luncheon Meet a Fellow!

October 30 Open House Bring a Friend! November 9 **Holiday Boutique** Support Local Scholarship



## **Branch Programs and Updates**

President Geri Madden

## Fall Event - Full House



After calling our first meeting of the year to order, President Geri Madden introduced keynote speaker Patrick Schmitt, Chancellor of West Valley College, whose remarks were followed by expressions of thanks from our current Local Scholarship winners and four of our six Tech Trek campers. Many members agreed that hearing these young women was a highlight of the morning.

Geri then introduced her leadership team, shared the results of the recent San Jose Branch "All Member Survey," told of her vision and plans for the coming year and challenged us to continue making our programs and projects relevant and meaningful. It wouldn't be Fall Event without a fabulous brunch and members weren't disappointed. The food disappeared quickly as everyone visited and enjoyed our many Interest Groups and Community Action Project displays.

## Voices from Fall Event 2013

Patrick Schmitt gave an excellent talk about the future of higher education. He predicted that in 30 years, the higher education model will be "bespoke" - driven by student success and student-focused measures.



Tech Trek campers with Jane Guinther, AAUW San Jose Tech Trek Chair.



Local Scholarship winners

Take the time to look at the back of your Branch Directory. Patronize the vendors who sponsored the ads and thank Bobbie Eckerman and Rosemary Busch for another year of pounding the pavement to get them. Next time you're in for coffee, remember to thank Pete's in Willow Glen for providing the coffee for Fall Event!

## **Local Scholarship**

## A Brief History

Cheryl Markman

AAUW San Jose has been providing scholarships for women for thirty-three years through the Local Scholarship Community Action Project. Originally, scholarships in the amount of \$100 were awarded to young women graduating from high school and going on to a four-year institution. Later the focus was changed to women who have completed two full years at an accredited college or university and are enrolled in a four-year institution. The grant amounts have increased to as much as \$2000. To date, over \$115,000 has been awarded to 105 recipients. In 2013, a total of \$18,000 was awarded to twelve recipients.

In addition to monetary donations from AAUW San Jose members, Local Scholarship is funded through grant writing and an annual Holiday Boutique, now looking forward to its twelfth year. The Boutique will be held this year on Saturday, November 9. Donations of items for the Boutique are currently being sought. Please consider giving home-baked goods; handcrafted jewelry, needlework and craft items and hand-knitted scarves; small gifts; holiday decorations and other items of décor. Interest Groups are asked to donate a thematic basket related to their area of interest. Thanks to your generosity, now in giving and with your purchases at the Boutique, we look forward to another successful fund-raising event.

For more information, please contact <u>Grace O'Leary</u> or at (408) 268-0798.



## TITLE IX is More Than Athletics!

Laura Manthey, Title IX/Sports Equity

Under Title IX, all recipients of federal education funding are required to adopt and publish a policy against sex discrimination. All schools must publicly appoint at least one employee to coordinate Title IX compliance. **Title IX affects all areas of education** including sexual harassment and assault, comparable facilities, course offerings, career and technical education, student health services, harassment based on gender identity, and athletics.

Overheard at September Branch program, Sexual Harassment at School: "I thought Title IX was only about althletics. I have had my eyes opened."

## **AAUW Open House**

Sharon Shephard, Membership Co-VP

Each of us know strong, intelligent, women who would be wonderful additions to AAUW San Jose. Please invite these prospective members to attend our Open House, Wednesday, October 30, 7-8:30 pm at Headquarters. The Open House will highlight the Interest Groups that entertain members and Community Action Projects that make our community a better place. Dessert will be served. Contact: <a href="Sharon Shephard">Sharon Shephard</a> with the names and contact information of potential attendees or call Linda Goldberg at 408-353-1916 for more information.

## **Tech Excellence**

## On the Bay

Jane Guinther

Our new Tech Excellence class of 30 John Muir girls is off to Don Edwards San Francisco Bay National Wildlife Refuge in Alviso on October 10. We'll be discovering the importance of our wetlands for the entire Bay Area for flood control, city planning, and protection of our wildlife. We'll hike through the four different habitats of the refuge; soil marsh, restored salt pond, slough, and native plants. We'll analyze the plankton in the marsh water to determine the health of the Bay. Another focus will be the impact our lives here in San Jose have on the health of the Bay waters. What is urban run-off and how do different land surfaces affect and change our water supply? What is traveling in the river underneath you out to the sea? What careers create solutions to these problems? Come explore with us on the Baybound big yellow school bus. Volunteering is a healthy addiction!



## Education Equity Needs You! Alice Lopez

Education Equity is ready for another year of study, planning, and organizing to advance equity for women and girls through education. We have identified "Empowering Moms" as an area of focus and will study local resources and programs to address issues. We need to have a strong, consistent group of women to meet and share information and ideas. All members are welcome! We will meet on Tuesday, October 8 from 4-6 pm at Headquarters.

## **Branch Programs and Updates**

## Women Need The Affordable Care Act

<u>Jacqui Gustaferro</u> and <u>Gloria Leonard</u>, Public Policy Chairs

On January 1, 2014, millions of Californians will have new options in attaining affordable, high-quality health insurance coverage offered through Covered California, our state health care exchange for the Affordable Care Act. Pre-enrollment for coverage begins October 1, with health care coverage commencing New Year's Day. It is worth reminding ourselves just what the ACA has already done for millions of young Americans and how it will help so many more when it is fully implemented. The law requires group health plans and insurers to make dependent coverage available for young adults until they turn 26 and it expands Medicaid to cover more people.

Women benefit tremendously from the ACA. Through several of its provisions, the law: Covers preventive treatments with no co-pays. Many women forego preventive treatments such as breast cancer screenings or Pap smear tests because of the costs of these procedures. The law will also grant women access to contraceptives without co-pays or cost-sharing.

Prevents insurance companies from denying coverage based on pre-existing conditions. For women, that could include being pregnant, having given birth via cesarean section, or being a survivor of domestic violence and receiving treatment for the abuse.

It is important to recall the law's remarkable progress in fixing a broken health care system that, for too long, has cost too much and served too few. (Resource: aauw.org; AAUW Public Policy Intern Julie Seger.)

Information on the Affordable Care Act will be available at a free Medicare and Health Forum, Saturday, October 5, 9 -12 noon, at the Campbell Community Center. The forum is sponsored by Senator Jim Beall. To RSVP, call (408) 558-1295. Application assistance and Medicare health insurance counselors will be on hand to provide individual assessments on options best suited to your short- and long-term goals. Kaiser Permanente has created a YouTube video about the ACA that is very easy to watch: http:// youtu.be/JZkk6ueZt-U



## **AAUW Funds**

## Meet Fellow and Grant/Award Recipients!

Linda Holbrook, AAUW Funds VP

Join us to celebrate the 2012-13 Funds Fellows and Grant recipients studying in California. Fellows and award recipients conduct research in a wide variety of disciplines. Their intelligence, dedication, imagination and effort promise to forge new paths in scholarship and improve the quality of life for all women in the US and around the world. Bring a Friend and Be Inspired.

Sunday, October 20
11:30 Registration
Luncheon noon-3 pm
Crow Canyon Country Club Meet AAUW San Jose Branch
T11 Silver Lake Drive
Danville, CA 94526

Register by October 8 online at <a href="www.aauw-ca.org">www.aauw-ca.org</a>, Or, send a check for \$40 payable to AAUWCA to AAUW, 1331 Garden Highway, #100, Sacramento, CA 95833.

### C/UP

# College/University Partnership (C/UP) Committee Update

Helen Stevens

Father Michael Engh, President of Santa Clara University, has just announced his decision to renew SCU's membership in AAUW-SJ, joining partners SJSU, SJCC and Evergreen Valley College. Professor Linda Alepin, Dean's Professor of Leadership at SCU and winner of the 2013 AAUW Eleanor Roosevelt Award for her work with the Global Women's Leadership Network that she chairs, was an advocate for SCU's membership renewal.

## **Community Action Projects**

## **Neighbors Helping Neighbors (NHN)**

#### Roberta Baker

Kathleen Krenek from Next Door Solutions (NDS) will be speaking on the upcoming NDS holiday boutique at the October meeting of NHN. To learn how you can volunteer or provide donations for this worthwhile cause, come to Headquarters at 7 pm on Monday, October 7.

NHN will be providing an evening of Bingo and prizes for the men and women of Julian Street Inn on Sunday, October 20. Donation prizes are always welcome! Full size toiletries (lotions, shampoo, body soap), T-shirts, sweatshirts, socks or shoes can be dropped off in the parlor closet at Headquarters. For more information or to join in the fun that evening, contact Colleen Tresden.



#### Standard Stand Stand Standard Standard Standard Standard Standard Standard

#### Gifts For Teens

## **Holiday Teen Gift Bag Drive**

Jan Giroux, Gifts for Teens

Donations of fun and practical teen gift items are now being collected by AAUW San Jose. Cash donations and/or items like store gift cards, socks, gloves, tee shirts (no red or blue) and toiletries (shampoo, tooth brush/tooth paste - no travel size) help us fill December holiday gift bags for homeless and disadvantaged San Jose teens. The need is tremendous and Gifts for Teens' goal is to fill 1,225 gift bags. Donations from generous members like you help make this goal a reality.

How can you help? Bring new items/gifts to AAUW San Jose Headquarters. Please place donations in a box with the donor's name and address inside. Contact: Elaine Benoit at 408 268-9654 or Jan Giroux. Jan Giroux.

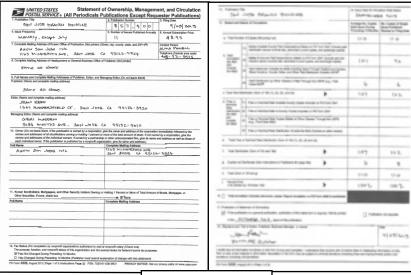
## San Jose Branch Directory Udates

**Date Correction**: The Family History Interest Group meets monthly at Headquarters on third Thursdays (not the 2nd Thursday) from 10 am to noon, September through May (except for Dec). "We help each other and share information on workshops and our findings, and for those new to family history, give tips on how to proceed."

Apologies to Bobbie Eckerman, Apala Egan & Sue Ann Eichenbaum whose names dropped off the page during the process of printing the Directory. The error was caught only when name tags were being made for Fall Event. Corrections will be noted in a Directory Addendum to be distributed soon.

Members who haven't picked up their Directories will find them at headquarters, inside near the front door. To save us postage, please pick them up soon.

Please dispose of your old Directory responsibly to protect members' privacy. If you don't want the trouble of disassembling the Directory in order to shred it, try this trick. Soak it in the sink for a few minutes. The metal spine will fall off and the soggy pages can be squeezed or ripped to destroy personal information.





**USPS** permit

## **Branch Programs and Updates**

## **Great Decisions Groups Invite New Members**

Maureen Curulla and Jan Palajac

Our Branch's two Great Decisions Groups extend an invitation to AAUW members to join groups now forming for the 2014 season. Coming together to explore eight current topics set by the Foreign Policy Association, we use the FPA handbooks and view DVD interviews by experts to set the tone of our discussions. Most of us know little about the subjects. We come together to learn.

This coming year, some of the issues we will delve into include Political Islam in Africa, China's Foreign Policy, Energy Independence, and Turkey. If interested in joining one of our groups, please call us by October 20.

Both groups meet at Headquarters. The AM group meets on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday mornings, February through May, from 9:30 am to 11:30 am. For more information, contact <u>Maureen Curulla</u> (408-227-4937). The PM group meets on the 4<sup>th</sup> Tuesday evening from 7 to 8:30 pm, January thru August. For more information, contact <u>Jan Palajac</u>.

## August 2013 AAUW Bridge Winners

Bobbie Eckerman

First Monday: Pat Mikolic, Judy Kumagai, Mary Clare Hopkins Second Monday: Leela Viswanathan, Mary Clare Hopkins,

Barbara Shandera, Pat Mikolic Second Thursday Bridge Cancelled

Second Friday: (Duplicate) Mary Clare Hopkins,

Mary Fitzgerald, Denise Kwan

Third Friday: Sandy Bonnet, Bobbie Eckerman, Pat Seaman Fourth Tuesday: Becky Staffeld, Judy Kumagai, Judy Hart

## Why Do We Walk?

Jean Reed, Weekend Walkers

In October many of us will be walking to support families dealing with common diseases and research to find cures. The walks are only a few miles on paved paths. Contact me for registration information. Donations are not required but registration helps the sponsors with planning and supports their efforts to raise funds by documenting how many people participate.

Saturday Oct 5 – Women's Ride: Bike from Downtown to Alviso (just for fun)

Saturday Oct 12 – Walk to End Alzheimer's Sunday Oct 20 – Step Out: Stop Diabetes Saturday Oct 26 – Making Strides Against Breast Cancer Saturday Nov 2 – Purple Stride Silicon Valley (Pancreatic Cancer)

#### In Memoriam

20-year member, **Virginia English**, passed away on August 15. Virginia was an inspiring mentor in the Take a Girl to Lunch program. She was instrumental in starting up the Duplicate Bridge group, and participated in Vegetarian Gourmet. Her enthusiasm will be missed.

## **Meetings/Special Events**

October 2, Wednesday 7pm **Board Meeting** Geri Madden

October 7, Monday 7 pm **Neighbors Helping Neighbors** Bobbie Baker

October 8, Tuesday 4 pm **Education Equity Meeting** Alice Lopez

October 10, Thursday 4-6 pm Gifts for Teens Committee Meeting 6590 Stonehill Dr. San Jose 95120 Members interested in serving on the Gifts for Teens steering committee are invited to attend Elaine Benoit 408-268-9654

October 12, Saturday 10am – noon Women in Community College: Access to Success

See back page.

October 14, Monday 1:30 pm Financially Fit For Life Mary Barry October 15, Tuesday 6 pm **Public Policy Committee** <u>Jacqui Gustaferro</u>

Sunday, October 20 noon – 3pm AAUW Fellows Luncheon

Crow Canyon Country Club, Danville See article Register at www.aauw-

ca.org by October 8
October 28, Monday

9:30 am **Building Committee**Mary Francis

October 30, Wednesday 7 – 8:30 pm

Open House
Bring a friend!
Linda Goldberg

#### Reminder

Use of Headquarters must be scheduled with the Building Committee before it can be put on the calendar.
Contact Barbara Shaffer.





## **October Interest Group Calendar**

Unless otherwise noted, all events are held at Headquarters.

Click on the underlined name of the Interest Group contact and the email address should be revealed. Or consult your Branch Directory for information. For general information about Interest Groups, contact <u>Sharon Bouska</u>.

Weekend Walkers meets most Saturdays and Sundays at 8 am for an hour-long walk on the Los Gatos Creek Trail. To receive weekly emails about walks, contact <u>Jean</u> Reed.

Dienstag 1 Oktober um 11 Uhr German Conversation bei Michele Begley

October 7, Monday 10 am **Bridge**<u>Mary Clare Hopkins</u>

October 9, Wednesday 10 am **Art Appreciation** Marty Glanzman

October 9, Wednesday 7 pm

Evening Book Group

Wild by Cheryl Strayed

Presented by Casey Cozzolino

Laura Manthey

October 10, Thursday 7 pm BITS – B In The Seats
Soccer at Santa Clara U
vs U of San Diego
Senior admission only \$5
Show your support for girls & women

October 10, Thursday 7:15 pm **Bridge**Bobbie Eckerman

October 11, Friday 10 am **Bridge** Lida Kluzek

October 12, Saturday **Gourmet Couples**For time & location contact:

<u>Margaret Bard</u>

October 13, Sunday

#### Film Fans

For time & location contact: Linda Snashall

October 14, Monday 10 am **Bridge**Rosemary Busch

October 14, Monday 6 pm **Gourmet Light** <u>Barbara Bettencourt</u> Cheryl Markman

Mardi 15 Octobre à 11 heures French Conversation chez Lois Ario RSVP à Lois Ario 408-365-1236

October 17, Thursday 10 am **Family History** Barbara Van Arsdale

October 18, Friday 10 am **Bridge** <u>Lida Kluzek</u>

October 18, Friday 6:30 pm **AAUW Singles** <u>Jean Wyatt</u>

October 21, Monday 9:30 am Exploring World Literature
Short Stories by Guy de
Maupassant
Presented by members
Lucy Poindexter
Sue Eichenbaum

October 21, Monday 6:30 pm Gourmet International Moroccan Arline Veteska

October 22, Tuesday 11:30 am

**Lunch Bunch** at Ciano's 280 E. Campbell Avenue Campbell RSVP: Diana Taylor

October 23, Wednesday 10 am FRIENDS Interest Group Organizational meeting Sharon Bouska

October 24, Thursday 7 pm **Game Night** RSVP by Monday October 21 Sandee Plymire 408-280-5799

October 28, Monday 6:30 pm Gourmet Vegetarian Jean Wyatt

October 29, Tuesday 7:15 pm **Bridge** Bobbie Eckerman

# Holiday Boutique

Saturday, November 9 Headquarters

> Support for Local scholarships



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#### **BONFIRE ARTICLE SUBMITTAL RULES:**

The sole purpose of this publication is to convey the association's business to its membership. Only articles and announcements related to Branch business will be considered for inclusion.

## San Jose Branch **AAUW Headquarters**

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**PERIODICALS POSTAGE PAID** 

## **AAUW San Jose Branch Bonfire**

## **Women in Community Colleges: Access to Success**

Virginia Turner 408-866-4234

The most recent AAUW research report Women in Community Colleges: Access to Success will be presented at a community forum on Saturday, October 12 at West Valley College Campus Center from 10 am to 12 noon. Senior researcher Andresse St. Rose, Ed.D. will discuss this important report which presents an overview of community college students today, their goals and their realities. The report is a call to action to improve services on individual campuses to ensure that women at community colleges can access, pursue and achieve the educational and economic opportunities of the 21st century. The forum is cosponsored by Los Gatos-Saratoga AAUW and West Valley College (14000 Fruitvale Avenue, Saratoga, CA 95070). Come learn about the research results; invite a friend, student or prospective student to join you.



Deadline: Articles and calendar items must be submitted to the Editor for review by the first Wednesday of the month before publication. To submit items, send an email to Jean Reed with a Microsoft WORD attachment. Send calendar items to Judy Kristofferson.

